

## CHELMSFORD 10K (WOMEN)

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25th NOVEMBER 2012

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Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
1	601	Allen June	W35 Springfield	Essex	36: 26	101	545 Maslen Nicola	W35 Phoenix	0 05
2	591	Ivory Sarah	SW Colchester Harriers	Essex	37: 50	102	676 Swain Jessica	W17 Chelmsford	0 18
3	517	Evans Megan	SW Chelmsford	Essex	0 39: 22	103	675 Johnson Tania	W35	0 18
4	692	Thurgood Clare	SW Orion	Essex	40: 47	104	539 Kirby Charlotte	SW	0 30
5	596	King Wendy	W35 Chelmsford	Essex	40: 18	105	599 Parrish Laura	SW	0 34
6	610	Halls Fiona	W35 Saffron Striders	Essex	41: 35	106	674 Bowerman Sarah	W45	0 36
7	574	Brown Carla	SW Cambridge & Coleridge	Essex	0 38	107	665 Rudgley Clare	W35	0 47
8	620	Noble Toni	W45 Thurrock	Essex	41: 14	108	549 Miller Luisa	W35	0 47
9	655	Baker Joanne	W45 Southend	Essex	42: 30	109	560 Robinson Sharon	W35 Dagenham 88	Essex 0 54
10	532	Jenkinson Anne	W35 Southend	Essex	0 42: 18	110	543 Liesching-Schroeder, Ka	W35	0 56
11	569	Warren Isabella	SW Chelmsford	Essex	0 20	111	516 Erim Deborah	W45	0 56
12	506	Bognarova Silvia	W35 Thurrock	Essex	43: 12	112	483 Beaney Tanith	SW	0 56: 12
13	666	Cattermole Debbie	W45 Colchester Harriers	Essex	43: 29	113	481 Veysi Deborah	W45 Dagenham 88	Essex 0 12
14	606	Monk Samantha	SW Dagenham 88	Essex	43: 34	114	479 McFarlane Joanne	W35 Dagenham 88	0 12
15	654	Garrod Lorna	W35 Benfleet	Essex	44: 42	115	628 Weir Bettina	W35 Springfield	0 16
16	578	Beasant Julie	W35	0 44: 05	116	512 Cribbs Sue	W35	0 20	
17	487	Coleman Lindsey	SW	0 44: 05	117	492 Pearmain Teresa	W45	0 36	
18	524	Harrington Tracy	W45 Tiptree	Essex	0 08	118	570 Watson Keely	SW	0 41
19	695	Tonek-Bonnett Hanna	SW Chelmsford	Essex	0 28	119	644 Law Barbara	W65 Great Bentley	Essex 0 53
20	623	Pyle Nicola	W45 Springfield	Essex	46: 46	120	588 Gilbert Linda	W35	0 53
21	568	Wallen Bridget	W45 Witham	Essex	50: 50	121	616 Flannigan Teresa	W60 Pitsea	Essex 0 59
22	658	Inch Christine	W45 Orion	Essex	53: 53	122	697 Hurley Lisa	W35	0 57: 28
23	508	Chesher Susan	SW	0 56	123	601 Akroyd Jennifer	SW Dagenham 88	Essex 0 21	
24	556	Peacock Victoria	W35 Thurrock	Essex	57: 57	124	490 Smith Esra	W35	0 30
25	501	Allen Charlotte	SW Colchester Harriers	Essex	0 45: 32	125	498 Sims Lynne	W45	0 53
26	617	Tanner Lynn	W60 Springfield	Essex	46: 23	126	525 Harrison Deb	W35 Braintree	0 55
27	630	Barron Hayley	W35 Orion	Essex	42: 42	127	589 Gregory Michelle	W35	0 56
28	528	Heslegrave Amanda	W35 Dagenham 88	Essex	43: 43	128	668 Williams Laura	W35 Benfleet	0 58: 00
29	637	Stuckey Liz	W35 Witham	Essex	51: 51	129	489 Morgan Emma	SW	0 04
30	632	Sheehan Jenni	SW Ilford	Essex	54: 54	130	546 Mathews Claire	W35	0 10
31	563	Swaddle Jennifer	SW Springfield	Essex	55: 55	131	609 Wallis Caz	W45 Pitsea	0 19
32	598	Ockendon Anna	W35 East Essex Tri Club	Essex	0 47: 15	132	652 Graley Joanne	W45 Benfleet	Essex 0 54
33	679	Lacey Jordan	W20 Southend	Essex	0 23	133	653 Forster Claire	W35 Benfleet	Essex 0 54
34	611	Pettifer Lorna	W45 Pitsea	Essex	25: 25	134	486 Sands Roma	SW Phoenix	0 59: 12
35	677	Carr Loretta	SW Thrift Green	Essex	40: 40	135	504 Bell Nickie	SW	0 13
36	548	McEahern Victoria	W35 Springfield	Essex	43: 43	136	602 Muir Carol	W35 Ilford	Essex 0 20
37	533	Johnson Jo Anne	SW Springfield	Essex	44: 44	137	689 Coleman Victoria	SW	0 27
38	507	Bridgeman Polly	W35	0 44	138	484 Chester Nicola	SW Ilford	0 40	
39	618	Rees Valerie	W35 Tiptree	Essex	50: 50	139	583 Chowles Eileen	W45 Spiffire	0 47
40	626	Allworthy Karen	W55 Orion	Essex	48: 02	140	887 Kelekun Christina	W45 Havering 92	0 53
41	646	Painting Melanie	W55 Southend	Essex	05: 05	141	518 Folkard Angela	SW	0 59
42	477	Cook Laura	SW	0 10	142	520 Frewin Jacqueline	W55 Dagenham 88	0 60: 20	
43	615	Aldridge Wendy	W45 Dengie Hundred Runners	Essex	13: 13	143	513 Cummins Caroline	W45 Dagenham 88	Essex 0 20
44	523	Hands Nicola	W35	0 27	144	778 Shilling Dawn	W20	0 28	
45	571	Williams Sarah	W35 Springfield	Essex	48: 48	145	496 Salmon Catherine	W35 Leigh on Sea	0 32
46	576	Bateman Helen	W35 Springfield	Essex	52: 52	146	496 Salmon Catherine	W35 Leigh on Sea	0 61: 01
47	541	Knowles Jacqui	W45	0 54	147	559 Robertson Fiona	W35	0 01	
48	622	Neilson Julie	W45 Springfield	Essex	49: 21	148	638 Parks Hollie	SW	0 02
49	590	Hayes Tracy	W35 Dagenham 88	Essex	23: 23	149	662 Gillingham Ayten	W35 Mid Essex Casuals	Essex 0 02
50	604	Ling Joanne	W35 Billericay	Essex	59: 59	150	682 Sutherland Christine	W55 Havering 90	0 07
51	696	Sunderland Catherine	SW Chelmsford	Essex	0 50: 05	151	581 Brace Stavi	W35	0 16
52	595	Kelly Joanne	W35 Spiffire	Essex	0 07	152	642 Beech Jessica	W21	0 18
53	671	Piercy Ann	W55 Harwich	Essex	10: 10	153	648 Newton Sarah	SW Springfield	Essex 0 28
54	478	Manley Angela	W45	0 18	154	650 Salter Jackie	W45	0 37	
55	639	Gillam Sally	W45 Harwich	Essex	24: 24	155	597 McLeod Carol	W45	0 41
56	656	Foster Michelle	SW	0 25	156	522 Gorsuch-Brown Claire	W45	0 55	
57	608	Huf Anna	SW Springfield	Essex	27: 27	157	510 Cockrell Anita	W45 Springfield	0 58
58	585	Cudmore Liz	W55 Colchester Harriers	Essex	38: 38	158	625 Clark Dee	W45	0 62: 03
59	555	Parsons Vicky	W35	0 41	159	557 Prior Victoria	W35	0 08	
60	605	Brown Hannah	SW	0 51: 03	160	500 Turner Tracy	W35	0 41	
61	688	O'Neill Tracy	W45 Havering Mayesbrook	Essex	10: 10	161	684 Keasley Amanda	W45 Havering 90	0 64: 03
62	663	Lear Maureen	W35 Havering Mayesbrook	Essex	11: 11	162	535 Kerwin Nicola	W35 Springfield	0 31
63	669	Saunders Wendy	W45 Dagenham 88	Essex	22: 22	163	519 French Sara	W45	0 41
64	538	King Sally	W45 Witham	Essex	28: 28	164	631 Norton Anne	W45	0 41
65	683	Bryant Victoria	SW Havering 90	Essex	31: 31	165	536 King Tracey	W35	0 52
66	558	Roberts Ruth	W35 Phoenix	Essex	33: 33	166	493 Price Sasha	SW	0 52
67	553	Noad Collette	W35	0 33	167	651 Robertson Debbie	W45	0 65: 14	
68	552	Mowle Debbie	W45	0 42	168	579 Bennett Sarah	W35	0 23	
69	542	Lee Janice	SW	0 47	169	593 Jackaman Sarah	W55 Castle Point	0 32	
70	657	Cookson Harriet	SW Harwich	Essex	50: 50	170	685 Goodger Gill	W55 Havering 90	0 43
71	664	Westwood Bobbie	W35 Havering Mayesbrook	Essex	57: 57	171	587 Felton Lisa	W45	0 67: 18
72	607	Williams Helen	W55 Pitsea	Essex	52: 07	172	580 Blois Kerry	SW	0 18
73	573	Bonnett Elizabeth	W35 Benfleet	Essex	12: 12	173	667 De Cristofano Sarah	W35 Benfleet	0 33
74	624	Irvine Liz	W35 Springfield	Essex	13: 13	174	575 Agus Heather	W35	0 34
75	690	Ashton Keeley	SW	0 13	175	641 Bannock Susan	W45 Phoenix	0 47	
76	670	Hill Tracy	W45 Havering 90	Essex	17: 17	176	514 Danby Geri	W35	0 68: 33
77	561	Robinson Carolyn	W35 Rochford	Essex	17: 17	177	592 Jackaman Elizabeth	SW Castle Point	0 69: 02
78	499	Storey Karen	W35	0 18	178	485 Roges Charlotte	SW	0 18	
79	647	Mold Sue	W45 Witham	Essex	21: 21	179	577 Beaney Sue	W35	0 19
80	509	Clarke Melissa	SW	0 24	180	540 Knight Debi	W45	0 71: 02	
81	521	Goodwin Sarah	W45 Springfield	Essex	27: 27	181	694 Crighton Karen	W35 Dagenham 88	0 74: 37
82	375	Peggnall Michael	SM Dagenham 88	Essex	30: 30	182	619 Crossley Louise	SW	0 76: 43
83	564	Tayner Michelle	W35	0 37	183	482 Amner Jennifer	W35	0 92: 03	
84	515	De Alwis Laura	SW	0 53	184	634 Connell Niamh	SW	0 03	
85	673	Rodgers Carol	W45 Havering 90	Essex	57: 57				
86	488	James Yvonne	W45	0 57					
87	505	Benham Nicki	W45	0 53: 02					
88	554	Oliver Tracy	W35 Dagenham 88	Essex	27: 27				
89	614	Barnes Becky	SW Witham	Essex	42: 42				
90	672	Papworth Louise	W35 Harwich	Essex	44: 44				
91	586	Davison Julie	W45	0 59					
92	691	Jones Helen	W45	0 54: 04					
93	530	Howells Sarah	W35	0 07					
94	511	Cooper Mandy	W45 Benfleet	Essex	10: 10				
95	567	Tribley Elaine	W45	0 35					
96	547	McDonnell Barbara	W45 Havering 90	Essex	38: 38				
97	537	King Sue	W45	0 54					
98	526	Head Andrea	W35	0 55					

### Team Result

1	Chelmsford	19
2	Colchester Harriers	40
3	Thurrock	44
4	Springfield	47