

CHELMSFORD 10K

0

25th NOVEMBER 2012

Pos	ID	Name	Club	Essex	Time	ID	Name	Club	Essex	Time
1	629	Molyneaux Paul	SM Springfield	Essex	31:59	151	Harknett Stuart	SM Springfield	0	45:07
2	422	Woodley Mark	SM Chelmsford	Essex	32:25	152	Schofield Jamie	SM	0	0:09
3	64	Molyneaux Paul	SM Springfield	Essex	33:00	153	Austin James	SM Thrift Green	0	0:09
4	278	Sellens Chris	SM Colchester Harriers	Essex	04:00	154	Bebbington Michael	SM Benfleet	0	0:10
5	181	Newton Mark	SM Springfield	Essex		155	Richardson Paul	SM	0	0:20
6	185	Bloomfield Crispian	SM Billericay	Essex	20:00	156	Montgomery James	M40 Witham	Essex	0:23
7	110	Muir Malcolm	SM Ilford	Essex	30:00	157	93 Cummins Ian	M40 Dagenham 88	0	0:31
8	423	Wyber Harold	SM Woodford Green	Essex	45:00	158	123 De Cristofano Roberto	M40 Benfleet	0	0:32
9	305	Benton Wesley	SM Colchester Harriers	Essex	48:00	159	23 Snook Daniel	M17	0	0:33
10	425	Jenkins Brian	SM Orion	Essex	34:01	160	322 Neary Mark	SM	0	0:35
11	191	Woodman Matthew	SM Orion	0	05:00	161	340 Danby Steve	M40	0	0:37
12	158	Smalls Allen	M40 Colchester	Essex	08:00	162	414 Hazell Wayne	M40 Witham	0	0:37
13	160	Murtagh Steve	M40 Harlow	Essex	10:00	163	284 Graham Darren	M40 Southend	0	0:46
14	78	Moses Daniel	SM Orion	Essex	23:00	164	130 Thomas George	M60 Bishop Stortford	Essex	0:49
15	62	Campbell Iain	M50 Cambuslane	Essex	27:00	165	70 Clarke Graham	M60 St Albans Striders	Essex	0:56
16	171	Dobson Paul	M40 Springfield	Essex	36:00	166	330 Tweedie Clive	M60 Havering 90	0	46:00
17	381	Prosser Steven	SM Thurrock	0	56:00	167	169 Folkerd Richard	SM	0	0:08
18	122	Cammack Tom	SM	0	35:00	168	17 Russell James	M50 Pitsea	0	0:11
19	310	Burgoyne Chris	SM Springfield	0	03:00	169	184 Buckley Mark	SM Springfield	0	0:12
20	98	Butler David	M50 Billericay	Essex	09:00	170	107 Taylor Glen	M50 Southend	0	0:18
21	182	Martin Lee	M40 Springfield	Essex	21:00	171	385 Tracey John	M40 Pitsea	Essex	0:42
22	138	Strange Stephen	M20 Basildon	Essex	24:00	172	137 Reddish Morgan	M40 Benfleet	Essex	0:48
23	402	Van den Brande Jens	M17 Chelmsford	Essex	25:00	173	304 Messenger Geoff	M60 Orion	Essex	0:51
24	161	Hewes Steve	SM Harwich	Essex	26:00	174	280 Benham Mark	M40	0	0:52
25	132	McGoun Neil	SM Orion	Essex	32:00	175	Sonnet Dean	M40	0	0:54
26	103	Farren James	M40 Witham	0	33:00	176	129 Spong Ray	M50 Havering 90	0	0:55
27	245	Bridgeland Michael	M50 Chelmsford	Essex	33:00	177	307 Brown Jon	M40	0	0:56
28	178	Newell Kevin	SM Ilford	Essex	37:00	178	71 Winston Roger	M50 Havering 90	0	0:59
29	116	Gibby Rob	SM Colchester Harriers	Essex	38:00	179	357 Longman Bruce	M40	0	0:47:01
30	413	Nears Jonathon	SM Colchester Harriers	0	52:00	180	428 Snow Matthew	SM	0	0:09
31	105	Philcox Stephen	M40 Ilford	Essex	56:00	181	68 Evans David	M40 Havering 90	Essex	0:12
32	101	Chandler Gary	M40 Springfield	Essex	36:07	182	251 Dawbarn Andy	M40 East Essex Tri	0	0:23
33	354	Kidd James	M17 Havering Mayesbrook	0	16:00	183	419 Slater James	M60 Tiptree	Essex	0:34
34	128	Wright Andrew	M40 Springfield	Essex	17:00	184	268 Nuttall Martin	SM	0	0:37
35	325	Dzikowski Raymond	M40 Woodford Green	Essex	19:00	185	365 McAllister Nick	SM	0	0:39
36	108	Reade Alan	M40 Witham	Essex	20:00	186	279 Smith Jason	SM	0	0:41
37	135	Swan Kurtis	SM Billericay	Essex	28:00	187	106 Shea Tim	M40 Pitsea	0	0:43
38	177	West Peter	SM Colchester Harriers	Essex	31:00	188	396 Tall Phillip	SM	0	0:48
39	76	Rahman Sam	SM Dagenham 88	Essex	38:00	189	411 Clarke Phil	M40 Tiptree	Essex	0:50
40	147	Crisp Neil	M40 Ilford	Essex	40:00	190	286 Upton Michael	M40	0	0:57
41	263	Johnson David	SM Thurrock	Essex	44:00	191	136 King Mark	M40	0	0:48:03
42	140	Smith James	SM Springfield	Essex	59:00	192	180 Kinney Andrew	M40 Harlow	0	0:07
43	406	Welch Spencer	M40 Billericay	Essex	59:00	193	273 Raison Stephen	M40	0	0:25
44	89	Coleman Andrew	M40 Billericay	Essex	37:05	194	412 Dixon Paul	M40	0	0:31
45	153	Jones Ben	SM Ilford	Essex	06:00	195	67 Mole Denis	M60 Havering 90	Essex	0:36
46	200	Clark Alan	M40 Benfleet	Essex	09:00	196	253 Gold Peter	M50 Witham	0	0:40
47	316	Cooper Steve	M40 Harwich	Essex	14:00	197	339 Hay Robert	M40 Springfield	0	0:44
48	117	Knightly Terry	M50 Ilford	Essex	19:00	198	328 Emmett Darren	M40 Benfleet	0	0:47
49	344	Jackson Sam	SM Havering Mayesbrook	0	24:00	199	194 Hawes Joseph	SM Benfleet	Essex	0:50
50	338	Happe Joe	M40 Orion	Essex	27:00	200	252 Dixon David	M50 Havering 90	0	49:25
51	142	Riley Pete	M40 Witham	Essex	40:00	201	66 Parish Brian	SM Havering 90	0	0:27
52	379	Prestney Stuart	SM Braintree	0	46:00	202	155 Faucon Neel	M40	0	0:27
53	192	Anderson Paul	SM Springfield	Essex	52:00	203	255 Hallam Neil	M40 Southend	0	0:28
54	109	Swinburne Nigel	SM Dagenham 88	Essex	57:00	204	167 Hind Andy	SM Springfield	Essex	0:29
55	159	Cole Leo	M40 Witham	0	38:00	205	10 Halpin Rob	M40	0	0:30
56	111	Rankin Nick	M50 Benfleet	Essex	10:00	206	193 Limburn Keith	M40 Leigh on Sea	0	0:33
57	380	Preston Paul	M40 Colchester Harriers	Essex	21:00	207	176 Maguire Sabastian	SM	0	0:33
58	2	Dunham Chris	M40 Bishops Stortford	0	29:00	208	248 Caulfield Robert	M40 Braintree	0	0:39
59	397	Tobin Anthony	SM Thurrock	Essex	34:00	209	420 Tripathi Manoj	M40 Witham	0	0:44
60	84	Renda Justin	SM Thurrock	Essex	36:00	210	85 Turrington Michael	SM Thrift Green	Essex	0:49
61	11	Woodward Michael	SM Pitsea	Essex	40:00	211	393 Slaughter Seb	SM	0	0:49

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62	163	Newton Paul	SM		0	0	46	212	198	Mapes G F	M60		0	0	:	50
63	315	Coen Thomas	SM	Springfield	Essex		47	213	196	Patel Pritesh	SM		0	0	:	57
64	317	Challis Kevin	SM	Benfleet		0	48	214	266	Levey Gary	M40	Witham	0	0	:	57
65	83	Knight Nicholan	SM	Thrift Green		0	54	215	80	Watson Peter	M40	Springfield	0	0	:	59
66	96	Chester Max	M17			0	55	216	392	Shaw Robert	M50	Saffron Striders	0	50	:	3
67	327	Ellis Stewart	SM	Braintree		0	39: 04	217	260	Hull Steve	SM	Benfleet	0	0	:	15
68	148	Flutter Richard	M40	Harwich	Essex		08	218	290	Woodgate Tony	M40		0	0	:	16
69	189	Morris Andrew	M50	Benfleet	Essex		10	219	113	Holder Julian	M40	Pitsea	0	0	:	21
70	112	Porter Mark	M40			0	11	220	86	Reynolds John	M70	Castle Point	Essex		:	26
71	378	Gould John	M40	Benfleet		0	14	221	404	Watkins Ian	M50	Springfield	0	0	:	26
72	394	Snowdon Christopher	SM	Springfield		0	17	222	254	Hagon Phillip	M40		0	0	:	29
73	91	Tomlins Tim	M40	Benfleet	Essex		19	223	390	Sewell Christopher	M50		0	no	:	42
74	15	Robinson Reece	M40	Benfleet		0	29	224	356	Linton Ian	M60	Tiptree	Essex		:	59
75	7	Johnson Pete	M50	Norfolk Gazelles		0	32	225	11	Gibbons Pete	M40		0	0	:	51 6
76	350	Jones Richard	M40	Benfleet	Essex		34	226	399	Turner Terry	M50	Benfleet	0	0	:	23
77	312	Byford Jon	SM	Springfield	Essex		36	227	3	Pointer Nigel	M40	Pitsea	0	0	:	26
78	77	Stennett Richard	M20	Southend	Essex		39	228	133	Kirsh Neil	M40	East Essex Tri Club	Essex		:	26
79	265	Lamb Daniel	M17	Basildon	Essex		43	229	407	Williamson Nigel	M40		0	0	:	26
80	415	Jackaman Paul	SM	Castle Point		0	45	230	289	Windus Geoff	M60	Springfield	0	0	:	38
81	174	Jephcott Jamie	M40	Harlow	Essex		50	231	168	Davis William	SM		0	0	:	50
82	195	Morgan Simon	M40	Tiptree	Essex		57	232	335	Hall Martin	M50		0	0	:	52 3
83	395	Syrett Jason	M40	Thurrock		0	40: 02	233	18	Armitage Mark	M40	Castle Point	0	0	:	26
84	119	Whiston Arthur	M60	Colchester Harriers	Essex		05	234	497		0	0	0	0	:	30
85	351	Jones Chris	M17	Benfleet	Essex		15	235	74	Sheekey Stephen	M50	Havering 90	0	0	:	45
86	341	Hobbs Nick	SM			0	16	236	126	Cockrell David	M40		0	0	:	45
87	121	Russell Robert	M50	Thurrock	Essex		25	237	102	Chaplin Andy	M40	Pitsea	0	0	:	48
88	346	James Andy	SM	Benfleet		0	27	238	95	Jacquet Hugo	SM		0	0	:	48
89	337	Hands Kenneth	M40			0	50	239	374	Norton Mark	M40		0	0	:	57
90	298	Alexander Rodger	M50	Great Bentley		0	54	240	332	Gorsuch-Brown Felipe	M40		0	0	:	53 1
91	293	Heighton Ben	SM	Springfield		0	41: 03	241	275	Rowell Barry	M50	Havering 90	0	0	:	2
92	410	Zeeuw Jasper	M20	Harwich		0	06	242	4	Forward Gary	M40	Pisea	0	0	:	13
93	347	Jelley Nick	SM	Billericay		0	10	243	426	Ross Kemble	SM	Thrift Green	0	0	:	15
94	430	Hills John	M40			0	24	244	367	McDonnell Joe	SM	Havering 90	0	0	:	25
95	73	Hendley Roy	SM	Havering 90		0	28	245	285	Thorogood Keith	M50	Halstead	0	0	:	32
96	403	Wallen Tony	M40	Witham	Essex		34	246	87	Higgins Ed	M40		0	0	:	40

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97	12	Brewer	Mark	M40	Tiptree	0	38	247	364	Mayo	Anthony	M50	0	0	:	41	
98	264	Kelly	Peter	M40	Spitfire	0	43	248	323	Denham	James	SM	0	0	:	46	
99	409	Zeeuw	Johnny	M40	Harwich	0	50	249	131	Roscoe	Alan	M40	0	0	:	59	
100	141	Collins	Tony	SM	Havering Mayesbrook	Essex	55	250	269	Parrish	Trevor	M50	0	0	54	0	
101	572	Bolton	Jeff	SM	Southend	0	59	251	427	Salmon	Richard	M40	St Neots	0	:	4	
102	353	Kent	Steven	M50	Harwich	0	59	252	257	Hessey	Ian	M50	0	0	:	8	
103	303	Beales	Nick	M50	Harwich	Essex	42: 03	253	24	Brazier	Ian	M40	Springfield	0	:	9	
104	25	Hariram	Lloyd	SM		0	09	254	21	Thompson	Matt	SM	0	0	:	15	
105	336	Hammick	Barry	SM	Harwich	0	10	255	69	Dobie	Ron	M50	Havering 90	0	:	22	
106	324	Down	Andrew	M40		0	10	256	13	Pearce	Mark	M40	0	0	:	30	
107	187	Bryan	Paul	M60	Colchester Harriers	Essex	13	257	360	Maddox	Carl	M40	0	0	55	11	
108	8	Skipper	Dean	SM	Havering 90	0	15	258	183	Jennett	Jim	M50	Leigh on Sea	Essex	:	19	
109	283	Sutherland	Andrew	M40		0	20	259	125	Hogarth-Jones,	Bruce	M50	Mid Essex Casuals	0	:	29	
110	320	Crighton	Matthew	SM		0	22	260	318	Cornelius	Neil	M40	0	0	:	34	
111	157	Fell	Adrian	M40	Harlow	Essex	26	261	27	Cavill	James	SM	0	0	:	46	
112	366	McDonnell	Chris	M60	Havering 90	Essex	28	262	299	Beaney	Sean	M40	0	0	:	46	
113	294	Adam	Adam	SM		0	29	263	151	Durham	Chris	M40	0	0	56	10	
114	281	Stapleton	Mike	M40	Southend	0	31	264	72	Ford	John	M50	Havering 90	0	:	11	
115	197	Mack	Martin	M40	Woodford Green	0	37	265	143	Hoskin	John	M60	Springfield	0	:	19	
116	400	Underdown	Marc	SM	Witham	Essex	46	266	405	Weaver	Richard	SM	0	0	:	20	
117	349	Johnson	Bernard	M50	Thurrock	Essex	48	267	144	Shelley	Mark	M40	0	0	:	23	
118	272	Quaye	Mike	M40		0	51	268	97	Gwilliam	Andrew	SM	Barking	0	:	50	
119	188	Gardner	Paul	SM		0	52	269	261	Jackaman	Malcolm	M60	Castle Point	0	:	54	
120	79	Wright	Chris	M40	Benfleet	0	43: 00	270	20	Hornsey	John	SM	0	0	57	9	
121	6	Finch	Jonathan	M40		0	06	271	308	Brown	Kevin	M50	Dagenham 88	0	:	21	
122	371	Miller	David	M40	Benfleet	Essex	07	272	421	Wood	Peter	M50	0	0	:	26	
123	282	Stenning	Matthew	SM	Billericay	0	16	273	319	Couling	Iain	SM	0	0	58	33	
124	162	Stuckey	Alex	SM	Witham	Essex	20	274	297	Veysi	David	M50	Dagenham 88	Essex	:	37	
125	329	Flynn	Sean	M50	Harlow	0	26	275	274	Riches	Dave	M50	0	0	:	39	
126	199	Thomas	Geriant	M40	Springfield	0	30	276	288	Ward	John	SM	0	0	59	8	
127	398	Haile	Gordon	M40		0	32	277	368	Meridith	Geoff	M40	0	0	:	11	
128	244	Toms	David	SM		0	33	278	292	Charlton	Steven	SM	0	0	:	44	
129	172	Bearwish	Andy	M50	Havering 90	0	34	279	296	Hamilton	Jeff	M40	Thrift Green	0	:	45	
130	186	Dobson	Nick	M21	Springfield	Essex	35	280	165	Beech	Michael	M17	0	0	60	25	
131	173	Galea	Tony	M50	Havering 90	0	36	281	164	Beech	Ken	M40	0	0	:	14	
132	120	Jephcott	Daniel	M17	Harlow	Essex	40	282	94	Hill	Colin	M40	0	0	:	36	
133	401	Wheatley	John	M70	Colchester Harriers	Essex	44	283	416	Ogunwuyi	Samuel	M40	0	0	:	37	
134	9	Van den Brande	Peter	M40		0	52	284	65	Penfold	Keith	M60	0	Essex	:	40	
135	313	Ashman	Joe	M40	Havering 90	0	59	285	150	Tidder	Robert	M70	0	0	:	49	
136	377	Carter	Barry	SM		0	59	286	99	Metcalfe	William	M70	Dagenham 88	Essex	61	14	
137	306	Phillips	Matthew	M40		0	44: 05	287	164	Beech	Ken	M40	0	0	:	16	
138	333	Bowker	James	M40		0	09	288	16	Eamey	Derek	M50	Havering Mayesbrook	0	:	28	
139	81	Green	Richard	SM		0	12	289	88	Higgins	Tom	M50	0	0	61	57	
140	14	Rhodes	Jonathan	M40		0	14	290	429	Cottrell	Michael	M60	Billericay	0	:	62	6
141	355	Cardnell	Gary	M50	Dagenham 88	0	22	291	361	Makin	Daniel	SM	0	0	:	8	
142	417	Kowalski	Martin	M40		0	33	292	431	Summers	Dan	SM	0	0	63	6	
143	262	Paxman	Richard	M40	Springfield	0	37	293	352	Keeley	David	M50	Havering 90	0	:	65	43
144	5	Jennings	Jim	M40		0	40	294	241	Agus	Lee	M40	0	0	:	67	6
145	345	Gillard	Matthew	M40	Southend	0	41	295	331	Fryatt	Daryl	SM	0	0	:	17	
146	19	Jackson	Luke	SM	Havering Mayesbrook	no	52	296	149	Millard	Trevor	SM	0	0	:	67	48
147	384	Tullett	Peter	M50	Chelmsford	0	45: 00	297	127	Bell	Irving	M60	0	0	:	69	35
148	408	Ray	Steve	SM	Pitsea	0	01	298	309	Burgess	Murray	M40	0	0	:	69	37
149	295	Woollett	Nick	M50		0	01	299	342	Hoy	Michael	M40	Benfleet	0	:	73	44
150	22	Aurora	Jeremy	SM	Billericay	0	02										

Open Team Result

1	Springfield	22
2	Orion	24
3	Colchester H's	25
4	Chelmsford	52