

Essex Cross Country First Round- Braintree

Chelmsford AC had a strong start to the Cross Country season this weekend, winning the:

- U13 Girls,
- U15 Girls,
- Senior Women and
- Senior Mens.

The first cross country league held at Notley Park, Braintree had a mixture of elements but this did not stop individual wins from;

- Khahisa Mhlanga in the U13 girls race
- Judie Judd in the U15 girls
- George Elliott in the U15 boys and
- Grant Twist returning first scorer home in the senior men's competition.

The Green and Gold team worked well on the tough undulating course to put them in a good position already for the league title only to become stronger with athlete returning on the 10th November at Hilly Fields Colchester for the second race.