

County Success

Chelmsford AC started the Cross Country Season with a bang winning **3 Golds** and a **Silver** at Hadleigh Downs last weekend.

The Essex Cross Country relay championships hosted by Southend AC saw Chelmsford dominate the

- U13 Girls
- U15 Boys
- Senior Womens and
- Senior Mens events.

All Essex Clubs are in preparation for the start of the league which begins on the 13th October at Great Notley Park Braintree. With runners such as Jess Judd, George Elliott and Khai Mhlanga on form Chelmsford will look to continue their success with the rest of the club in a couple of weekends time.

