



Chelmsford AC Club Records – U17 Women

Event	Athlete(s)	Performance	Date	Venue
100m	Irene Gould Rachel Dunthorne	12.10	1962 1988	Grantham Thurrock
200m	Nicole McKechnie	25.0	13/07/2013	Basingstoke
300m i	Hayley McLean	40.53	12/03/2011	Lee Valley
300m	Nicole McKechnie	38.9	04/08/2013	Chelmsford
400m	Nicole McKechnie	55.76	25/05/2013	Chelmsford
800m	Jessica Judd	2:02.70	15/06/2011	Watford
1500m	Jessica Judd	4:14.21	28/05/2011	Sportcity
3000m	Jessica Judd	9:08.50	06/04/2011	Watford
60mH	Georgia Atkins	8.59	14/02/2009	Birmingham
80mH	Georgia Atkins	11.12	11/07/2009	Sheffield
100mH	Lauren Bouchard	15.20	02/09/2007	Bury St Edmunds
200mH	Carol Lowman	29.20	07/06/1975	Crystal Palace
300mH	Hayley McLean	42.63	21/08/2011	Bedford
400mH	Hayley McLean	58.74*	07/07/2011	Lille
Long Jump	Georgia Atkins	5.95m	27/06/2009	Estonia
High Jump	Louise Miller	1.83m	12/08/1978	Woodford
Triple Jump i	Elizabeth Hughes	10.46m	08/02/2015	Lee Valley
Triple Jump	Hannah Besford	11.22m	09/06/2007	Chelmsford
Shot Put 3Kg	Jessica Hopkins	14.13m	04/08/2018	Sportcity
Shot Put 4Kg	Susan Bracey	12.55m	07/07/1979	Nottingham
Discus	Debbie Bushnell	42.46m	04/05/1980	Southend
Javelin	Jessica Hopkins	42.14m	16/09/2018	Bedford
Hammer 4Kg	Chelsea Coker	45.11m	09/08/2009	Bedford
Hammer 3Kg	Laura Runciman	55.83m	25/06/2017	Chelmsford
Pole Vault i	Nancy Epsly	3.63m	25/09/2011	Carshalton
Pole Vault	Ellie Besford	3.75m	14/06/2009	Braintree
Pentathlon i (60m)	Rebecca French	3270	12/01/2004	Bedford
Pentathlon i (800m)	Jessica Hopkins	3788	10/11/2017	Glasgow
Heptathlon	Jessica Hopkins	5127	16/09/2018	Bedford
4*100m	Hannah Besford S. Sheen Jessica Tappin Lyndsey North	50.06	23/09/2006	Thurrock
3*800m	Dunn Cliffe Hayley	7:08.0	20/09/2003	Southend



4*300m	Erin Minton-Branfoot Ellie Baker Jodie Judd Rosa Prideaux	2:52.9	01/06/2014	Stevenage
4*400m	Kerry Gibson Jane Woolgar Jackie Rodgers Carolina Weatherill	4:00.53	12/09/1984	Hornchurch
Medley		4:24.0	15/07/2011	Braintree

* British Record