



Chelmsford AC Club Records – Men V60

Event	Athlete(s)	Performance	Date	Venue
100m	Phil Johnson	13.40	2000	Bedford
200m	Philip Harris	27.4	03/09/2006	Bedford
400m	Phil Johnson	70.86	20/08/2002	Potsdam
800m				
1500m	Gerry Daniel	7:19.81	19/06/2016	Horspath
3000m				
3000m SC				
5000m				
100mH	Gerry Daniel	17.94	17/09/2016	Birmingham
300mH	Gerry Daniel	53.69	17/09/2016	Birmingham
Long Jump	Philip Harris	4.70m	03/09/2006	Bedford
High Jump	Gerry Daniel	1.30m	03/06/2015	Southend
Triple Jump	Geoff Tyler	6.14m	27/07/2016	Lee Valley
Shot Put 7.26kg	Geoff Tyler	10.42m	23/08/2013	Chelmsford
Shot Put 5kg	Geoff Tyler	12.98m	16/02/2014	Lee Valley
Discus 2kg	Geoff Tyler	35.23m	23/08/2013	Chelmsford
Discus 1kg	Geoff Tyler	43.85m	17/09/2016	Birmingham
Javelin 800g	Geoff Tyler	28.24m	29/07/2015	Lee Valley
Javelin 600g	Geoff Tyler	26.28m	19/07/2015	Solihull
Hammer 7.26kg	Geoff Tyler	27.30m	17/05/2014	Walton
Hammer 5kg	Geoff Tyler	31.16m	06/05/2015	Grays
Decathlon	John Clark	2986	24/09/2005	Thurrock
Pentathlon	Gerry Daniel	1956	19/06/2016	Horspath
Pentathlon i	Gerry Daniel	2603	14/02/2016	Lee Valley
20 Miles	Peter Tullett	2:26:08	01/03/2020	Rochford