



Chelmsford AC Club Records – Men V55

Event	Athlete(s)	Performance	Date	Venue
100m	Peter Tullett	15.3	01/07/2015	Chelmsford
200m				
400m				
800m				
1500m	Michael Bridgeland	4:46.46	19/02/2014	Lee Valley
3000m	Dave Tullett	9:49.5	30/06/2021	Grays
3000m SC				
5000m	Dave Tullett	16:59	12/05/2021	Ardingly
100mH				
400mH				
Long Jump				
High Jump	Martin Branfoot	1.20m	27/07/2016	Lee Valley
Pole Vault	Martin Branfoot	1.80m	11/07/2012	Chelmsford
Triple Jump				
Shot Put	Brian Hatch	12.31m	07/06/2003	Derby
Discus	Brian Hatch	39.81m	07/06/2003	Derby
Javelin	Brian Hatch	40.58m	09/09/2003	Bedford
Hammer	Andy Vince	40.75m	04/09/2018	Malaga, Spain
HM	Michael Bridgeland	82.41	09/02/2014	Gt Bentley
20 Miles	Peter Tullett	2:54.26	03/03/2019	Rochford