



## Report from YDL Upper Age Group R1 – Harrow – 1<sup>st</sup> May 2016

A Chelmsford U20/U17 team short on numbers made the trip to Harrow on Sunday, for the opening fixture in their 2016 YDL season. Competing against the hosts, Team Norfolk, Team Dorset, Stevenage & Herts and Crawley, the team finished the day in a disappointing 5<sup>th</sup> place – but this in no way reflected the supreme efforts that the team put in to fill as many events as possible.

Leading the way with her commitment to the cause was Jodie Judd, who showed super-human stamina to win the U20 800m, 1500m AND 3000m! She also found the time and energy to run as a non-scorer in the 400m!

Elsewhere in the U20 Women's events, Caitlin O'Reilly stepped up from the U17's to finish second in the 100m, before returning to her own age group to take third place in the Long Jump. Emma Perks also took a third place, recording a PB in the 400m.

In the U20 Men's category, there was a win in the Javelin for Tom Mitchell, who was competing for Chelmsford as a second claim athlete. Harry Sloman took second place in the 400m, Jamie Walford was also second in the Triple Jump, and Owen Thomas recorded the same result in both the 3000m (where he registered a PB) and the 2000m Steeplechase.

Nathan Brearley also grabbed a second place – in the 1500m, before coming third in the 800m. Alex Reynolds took second place in the Discus, and a third place in the Shot – recording a PB in both events. He also won the Javelin B string competition to add to his own points tally. James Allway finished third in the Pole Vault.

In the U17 Men's events, Andrew Hill took a superb victory in the 400m – as did Elliott Cordery in the 3000m. Tom Keevil finished second in the 800m – a finish matched by Callum Lloyd in the Triple Jump. George Joslin grabbed third in the 1500m before joining Tom, Andrew and Callum to record a fantastic win in the 4x400m relay.

Amongst the U17 Women, Laura Runciman scored plenty of valuable points by coming second in the Hammer before taking first place in the B string Shot, and second in the B string Discus. Gabby Quigley weighed in with second place in the Discus and third in the Shot. Beatriz Melo and Hannah Badger both recorded third place results – in the 200m and High Jump respectively.