



## Report on EYAL Round 3 – Watford – 5<sup>th</sup> June 2016

Chelmsford's Eastern Young Athletes League squad travelled to Watford on Sunday, for the third match of the season. Competing against Watford, Shaftesbury/Barnet, Bedford, Basildon, Braintree, and CATs, the team finished in a somewhat disappointing 4<sup>th</sup> place – largely due to a lack of numbers in the U17 age groups. However, there were some excellent performances on the day, and the U15 Girls won their category, despite sacrificing some of their number, who stepped up to fill spaces in the U17's.

The star performer in the U15 team was Ndidi Okoh – still only a Year 1 in the category – who had a hat-trick of wins, in the 300m, 800m and High Jump. Uche Okafor was making her debut for Chelmsford, but soon made her presence felt, with a win in the 200m, and victory in the B string High Jump with a height that matched the winning A string clearance! Maxine Williams was third in the 100m, and first in the 200m B race.

Georgia Tombs strode to another middle distance victory, winning the 1500m, while Hannah Smith won the 300m B race, and was second in the 800m B race. Amelia Day was second in the 75mH. In the Field, Kim English was again successful in the throws, winning the Shot, and taking third place in both the Discus and Hammer. Hannah Bardo won the Long Jump.

The U15 Girls who stepped up into the U17 age group on the day were by no means out of their depth. Jess Hopkins won the U17 Long Jump, and was second in both the 80mH and the High Jump. Faye Sweeting cruised to an impressive win the 1500m, and Nancy Eagle won the B string High Jump, and was second in the B Long Jump.

Also in the U17's, Connie Forman won the B string 300m, and was second in the 200m, while Beatriz Melo was second in the 300m A race. Gabby Quigley won the Shot, and was second in the Discus, while Laura Runciman won the B string Shot.

In the U13 Girls, Kayleigh Hale had another good day, finishing second in the 100m and Long Jump, and third in the Javelin. Cassie Forman also weighed in with a good number of points, finishing third in the 70mH, second in the 100m B race, and fourth in the High Jump. Ella Chantree was third in the Shot.

In the Boys events, the highlight of the day was a Club Record for Ben Kerwin, as he won the 300m. He also recorded second place in the 200m, to continue his excellent 2016 season. Elsewhere the main successes were in the Field. Sam Tremelling was second in the Pole Vault, Finley Hall was also second in the Shot, and Seb Clatworthy was only just short of his PB in taking third place in the High Jump. Ethan Thompson took second place in the Hammer, and third in the Discus.

In the U13 Boys age group, Jerome Kuma won the 75mH and was second in the Long Jump. Onyeka Okoh won the B string 75mH, and was second in the High Jump. There were third places for George Gutteridge (100m), Thomas Woodward (1500m), Nathan Hall (Shot) and Arthur Day (Discus). Arthur also won the B string Long Jump. The boys ended the day on a high by winning the 4x100m relay.

The U17 Men's team consisted of just one athlete – Callum Lloyd! Callum still contributed a good points haul though, including second place in the High Jump, and third in the 800m.



With two matches now remaining, Chelmsford occupy 11<sup>th</sup> place in the EYAL table. With exam season over by the time of the next fixture on 3<sup>rd</sup> July, the team should be boosted by the return of many U17 athletes, and would hope to at least consolidate a position that would see them able to defend their EYAL Plate title come the end of the season.