

## Report from YDL Upper Age Group – Chelmsford 16<sup>th</sup> May 2015

Making it two wins out of two, to start the season, Chelmsford's U20 and U17 team surged to victory by over 100 points in their second YDL fixture of the season at Melbourne Park on Saturday.

Competing against Ashford & Thanet AC, Basildon Beagles, Havering AC, Herts Phoenix AC, Orion Harriers and Victoria Park & Tower Hamlets, in almost perfect conditions, it was again some of the younger athletes that shone, with over 60% of the team being made up of U17's.

The highest points scorer overall was Jodie Judd, who showed amazing stamina to compete in (and win!) the U17 800m and 3000m, whilst also winning the U20W 1500m B race – and then turning her attention to helping the U17W team win the 4 x 300m! Altogether she amassed 38 points!

Highest scorers in other age categories were Alex O'Brien (31 points in the U20M), Jade Harding (31 points in the U20W), and Fluke Ladphanna (29 points in the U17M).

The A String winners included:

Darren Blackwell – U20M 800m

Ramadan Osman – U20M 3000m

Rhys Collings – U20M 400mH

James Murrell – U20M High Jump

Jamie Allway – U20M Pole Vault

Alex Reynolds – U17M Hammer

Victor Adebisi – U17M Shot

Fluke Ladphanna – U17M Triple Jump

Thomas Hewes – U17M High Jump

Ellie Baker – U20W 400m; 1500m

Georgia Tuckfield – U20W 800m

Chay Clark – U20W 100mH

Jodie Judd – U17W 800m; 3000m

Khai Mhlanga – U17W 1500m

Rachel Broome – U17W 1500m SC

Gabby Quigley – U17W Discus

Lizzie Hughes – U17W Triple Jump

U20W 4x100m

U17W 4x300m (Amy Day, Alex Leslie, Jodie Judd, Khai Mhlanga)

U20W 4x400m