

Southern Athletics League – Bedford – 25th April 2015

Chelmsford's Senior Men's and Women's team visited Bedford on Saturday, for their opening fixture of a new Southern Athletics League season, and came away with an excellent second place overall. Competing against the hosts, Milton Keynes, and Walton, there were some exceptional performances from the team – and an uncanny number of doubles!

The most notable double was from Bradley Reed, who won both the 110mH and the 400mH. His dominant victory in the 100mH was secured by a massive 4 seconds, and won him a SAL Man of the Match award! Luke Keteleers reinforced the double by winning the B race in both events!

Chay Clark emulated Bradley's achievement by winning the Women's 100mH AND 400mH! And again, Chelmsford 'doubled' by winning the B race in both events – with Jade Harding in the 100mH, and Alex Leslie with a PB in the 400mH.

Callum Charleston cruised to a four second victory in the 1500m – with Mark Woodley keeping up the 1-2's by winning the B race.

Ellie Baker and Georgia Tuckfield matched the Men's 1500m double, by emulating them in the B race, with Ellie victorious the A string, and Georgia winning the B string.

The throwers clearly didn't want to be left out of the doubles: Kevin Wilson completed his own 1-2 by winning both the Shot (with a PB) AND the Discus – and in both events Chelmsford recorded wins in the B string (Michael Bartlett in the Shot, and James Mead in the Discus).

Other winners on the day included Mark Sanford, crossing the line first in the tightest of finishes in the 5000m, and Markus Hunt, who claimed a PB of 6.70m in the Long Jump. The Women's team also grabbed a win in the 4x400m relay.

Finally, there were some excellent performances from some of the younger athletes stepping up to the Seniors: Thomas Hewes, still only 15 years of age, leapt to a new outdoor PB of 1.95m in the High Jump, coming second by only 5cms, while James Murrell – also an U17 – claimed victory in the B event. And last but by no means least, another U17 - Jodie Judd, warming up for the London Mini Marathon the following day, recorded a fine 3rd place in the 800m.

Chelmsford Team Managers made their own man-of-the-match awards - to Michael Bartlett and Sophie Johnstone – for their overall contributions to the team's success.