



Results from Essex Athletics Network Indoor Open 2014

Event	Group	Name	Performance	
60m	U13 Boys	Matthew Bruce	9.0	PB
60m	U13 Girls	Amber Whitehorne	8.9	PB
60m	U13 Girls	Emily Foster	8.9	PB
60m	U13 Girls	Ndidikama Okoh	9.6	PB
60m	U15 Girls	Connie Forman	8.0	PB
60m	U15 Girls	Eleanor Bartram-Sheppard	8.4	PB
60m	U15 Girls	Sarah Orr	8.8	PB
60m	U15 Girls	Alisha Hayes	8.7	
60m	U17 Men	Harrison King	9.3	PB
60m	U20 Men	Callum Foakes	7.4	
60m	U17 Women	Erin Minton-Branfoot	8.3	PB
60mH	U13 Girls	Hannah Bardo	11.4	PB
60mH	U13 Girls	Ndidikama Okoh	11.8	PB
60mH	U15 Boys	Robert Runciman	8.9	PB
60mH	U15 Girls	Olivia Smith	10.2	PB
60mH	U15 Girls	Phoebe Jeffery	10.5	PB
High Jump	U13 Girls	Ndidikama Okoh	1.30m	PB
High Jump	U13 Girls	Hannah Bardo	1.30m	PB
High Jump	U13 Girls	Emily Foster	1.15m	
High Jump	U15 Boys	Robert Runciman	1.85m	
High Jump	U15 Boys	Thomas Hewes	1.80m	
High Jump	U15 Girls	Phoebe Jeffery	1.40m	
High Jump	U15 Girls	Olivia Smith	1.40m	PB
High Jump	U15 Girls	Alisha Hayes	1.35m	
Long Jump	U13 Girls	Hannah Bardo	3.74m	
Long Jump	U13 Girls	Emily Foster	3.67m	
Long Jump	U13 Girls	Amber Whitehorne	3.39m	PB
Long Jump	U15 Girls	Connie Forman	5.03m	PB
Long Jump	U15 Girls	Eleanor Bartram-Sheppard	4.54m	

Triple Jump	U15 Girls	Amy Day	8.71m	PB
Triple Jump	V50 Women	Clare St John-Coleman	8.18m	
Shot Put	U15 Girls	Laura Runciman	8.48m	
Shot Put	U15 Girls	Alisha Hayes	5.12m	