



## Report from YDL Upper Age Group – Newham – 26<sup>th</sup> April 2014

The club's U17 and U20 athletes commenced their Youth Development League season at Newham on Saturday, and, against stiff competition, came home with a host of notable performances.

Star of the day was **Jodie Judd**, who stormed to victory in the U17 1500m and 3000m, winning by a substantial margin in both. **Moesha Howard** demonstrated why she is one of the country's top hurdlers by winning the U20 100m Hurdles in a time that shot her straight into 4<sup>th</sup> place in the UK rankings.

**Rosa Prideaux** will have been delighted with a new PB of 41.42sec in winning the U17 300m, while **Rebecca Wade** will also be extremely pleased with a substantial new PB of 58.78sec while winning the 400m B string event.

Also registering an excellent new PB was **Callum Charleston**, dipping under 2 minutes in the 800m with 1:59.11, and coming home second in the U20 race.

Moving on to the Field events, Chelmsford scored a superb triple victory in winning the U17 Men's High Jump (**James Murrell** continuing his excellent recent form with 1.85m), U17 Women's Pole Vault (**Caitlin Boyle** with a clearance of 2.45m), and the U20 Men's Long Jump, where **Terry Lucas** won by a massive 68cm, with 6.93m.

**Joseph Ellis** was the club's only winner in the Throws, with victory in the U17 Javelin. **James Mead** will have been very happy with second place in the U20 Discus, and a new PB on 10.43m in coming third in the U20 Shot. **Alex Reynolds** also recorded a superb new PB of 55.53m in coming second in the U17 Hammer. **Alex O'Brien** secured an excellent second place in the U20 Javelin.

Other 'podium' places on the day were won by Moesha Howard (3<sup>rd</sup> in the U20 100m), Erin Minton-Branfoot (3<sup>rd</sup> in the U17 200m), Nicole McKechnie (2<sup>nd</sup> in the U20 400m), Georgia Tuckfield (2<sup>nd</sup> in the U20 800m, and also 2<sup>nd</sup> in the U20 1500m), Emma Perks (2<sup>nd</sup> in the U17 800m), Darren Blackwell (2<sup>nd</sup> in the U20 1500m), Jessica Swain (1<sup>st</sup> in the B string U20 1500m), and Alfie Green (2<sup>nd</sup> in the U20 3000m).

To round off the day, the U17 Women's relay teams came third in both the 4x100m and 4x300m.