



Report from YDL Lower Age Group – Eltham – 31st May 2014

Chelmsford's younger athletes made the trip to Eltham, in South London on Saturday, for the second fixture in their inaugural YDL season – and came home victorious again. They now top the table in the Southern Region, North 3 Division, with maximum points.

Many team members multi-vented to maximise the score, but it was the Girls teams where a number of exceptional performances were seen. Connie Forman had a great day – winning the U15 Long Jump with 5.11m, and registering yet another PB, as she continues her climb up the UK rankings. Having won the Long Jump with her first jump, she dashed off to the 100m, and recorded a new PB there too, of 13.00! Connie's team mate, Ellie Bartram-Sheppard also scored a Long Jump PB (4.83m), winning the B competition, and ensuring maximum points for the team.



Connie Forman



Ellie Bartram-Sheppard

The U13 Girls matched the feat of their older team mates. Amber Whitehorne won the U13 Long Jump, also with a new PB (4.04m), and Ndidi Okoh followed up by winning the B event.

Also in the Jumps, Nancy Eagle excelled herself in the U13 High Jump, winning the competition by some margin, with a new PB of 1.44m that brought cheers from the watching crowd – and Amelia Day recorded her own PB (1.28m) in winning the B event.



Phil Sergeant's High Jumpers continue to dominate in all competitions: Phoebe Jeffery came third in the U15 Girls event, Hannah Badger won the B event in the same age group, while Thomas Hewes and Tyler Turner scored a 1-2 in the U15 Boys High Jump.

The Throwers also racked up points for the team. Gabby Quigley won the U15 Girls Discus, before registering a PB in the Hammer as she came in second behind UK No.2 Katie Head. In fact, Gabby's 37.93m throw means that she regains the Club Record for the Hammer! Gabby also came second in the Shot. Jessica Down scored highly for the team – wining the U15 Girls Javelin, and the B string Shot.

On the track, the highlights included a dominant performance by the rapidly improving Jess Whiley, who won the U15 Girls 800m, and an excellent winning run by Hannah Badger in the U15G 75mH. Olivia Smith backed up her team mate by winning the 75mH B race, in a new PB time. Kate Etheridge won the U15G 800m B race, while Phoebe Jeffery showed her versatility in coming home second in the U15 300m.



Jess Whiley winning the U15 800m



Hannah Badger and Olivia Smith in the U15G 75mH

Another young athlete showing her adaptability was Hannah Smith, who won the U13 800m B race, before turning her attention to winning the Javelin B event.

One of the races of the day came in the U13 Girls 1200m, where Ndidi Okoh pushed herself to the absolute limit before being pipped on the line, by half a second. Ndidi's massive effort earned her a new PB at the distance, however.



Ndidi Okoh – brave run in the 1200m

Amongst the Boys, Ben Kirwin launched a new PB (7.68m) in winning the U13 Shot. He also came second in the 200m, and 3rd in the Long Jump, demonstrating his potential as a multi-eventer. Mason Daley won the U15 200m after coming home third in the 100m.

U13 Drew Kuma will have been pleased with both his performances AND his points haul for the club. He recorded PB's in the 75mH (where he won the B race), and in the Shot (where he also won the B event) – before turning in a brave performance in the High Jump, coming second, with 1.31m.



Ben Kirwin (watching) and Drew Kuma in the U13 Shot

Other PB's in the Boys teams came from George Hay (1st in the U15 300m B), Lucas Wells (1st in the U15 Discus B), Zach Bridgeland (2nd in the U13 800m) - and two from Matthew Bruce (1st in the U13 200m B, and 3rd in the 100m A).

U15 High Jumper Thomas Hewes tried his hand at a couple of new events, and won both the 800m B race, and the 80mH B race!

In the Relays there were wins for the U13 Boys 4x100m team, and the U15 Boys 4x300m, to round off another excellent day for the team.