



## Report from EYAL – Chelmsford – 15<sup>th</sup> June 2014

Under cool, grey skies at Melbourne Park on Sunday, Chelmsford athletes literally ‘hammered’ their opponents in their third EYAL fixture of the season. Not only did they win the event by nearly 50 points, from Bedford and Basildon, but their young throwers registered not just one, but TWO new Club Records in the Hammer!

Pride of place goes to new recruit Levi Causton. Having only joined the club from Basildon earlier in the month, Levi has already broken the Club U17 Men’s Hammer record TWICE! Last week he broke the 40 year old record at Essex Schools Championships, and this time around he smashed it again, breaking the 60m barrier, and consolidating his No.4 position in the UK rankings. And all of this as only a ‘first year’ U17 athlete!



*Levi Causton*

Gabby Quigley was not to be out-done. She also joined the club this season from Basildon, and has broken the club U15 Hammer record more than once already. On Sunday she was at it again, moving further up the UK rankings with a throw of 39.37m. Gabby also recorded a PB in winning the Shot, and scored a first place in the Discus to complete a hat-trick of wins, and finish as the highest points scorer in the team. What is even more remarkable is that she was competing as an U15 athlete, in the U17 events!

U15 Connie Forman continued her startling progress this season with yet another brace of PB’s! After registering the first in finishing third in a high class 100m field, she went on to an amazing new PB of 5.28m in the Long Jump, which propels her into the UK Top 10 in the event! Connie is also closing in on a new club record herself!

U13 Drew Kuma was another athlete who has only joined Chelmsford AC this season, and celebrated only his second competitive appearance for the club with an astonishing performance in the 75m Hurdles. His winning time of 12.4secs sees him burst straight into second place in the UK rankings! He capped his afternoon by also leaping to victory in the High Jump! Drew certainly had a spring in his step!



*Drew Kuma running into second place in the UK rankings!*

Following on from these headline-grabbers, there were a host of other excellent performances by Chelmsford athletes. The U15 Girls team have a number of stars in their ranks this season, and once again they didn't disappoint. Jess Whiley scored yet another win in the 800m, Jessica Down threw a new PB in winning the Shot, while Kelechi Nze did likewise in recording victory in the Discus. Laura Runciman provided full support in coming second in the Hammer, and winning the B string Shot.



*Jess Whiley leading the field in the 800m*

Also performing well in the Shot was Nancy Eagle, who won the U13 event, while Caitlin Boyle continued her fine form this season in winning the U17 Pole Vault.

Returning to the Boys, the stand-out performers included Robert Runciman (1<sup>st</sup> in the 80m Hurdles, and second in the 200m), Thomas Hewes (1<sup>st</sup> in the High Jump, and 1<sup>st</sup> in the B string Long Jump), and Will Kerwin, who won the 800m again, before coming second in the Shot.

Amongst the U17 Men, Jamie Allway was delighted to record a new PB in winning the Pole Vault, while Ryan Doidge marked his debut for the club by winning both the Long Jump AND the Triple Jump! Joshua White also competed for the first time for the club and ran a fantastic 23.9 in the 200m as a non-scorer, and Alex Smith ran within a whisker of his personal best in the 1500m.