

Chelmsford 10k News

Well done to all runners who ran in the Chelmsford 10k which included the Essex Championships. The results are now online, congratulations to June Allen & Paul Monlyneux who were crowned Essex Champions. Thank you to our sponsors Saucony and Essex Water and a big thank you to Runners world for supporting the event. If you didn't have a chance to see what they had in stock you can visit them in the Chelmsford Branch on Victoria Road or in Colchester at the Pear Tree Centre.

By no means last can I thank all club helpers and county officials in making the day run smoothly.

We hope to see you all next year!

Keep running!

Hayley

Race Director