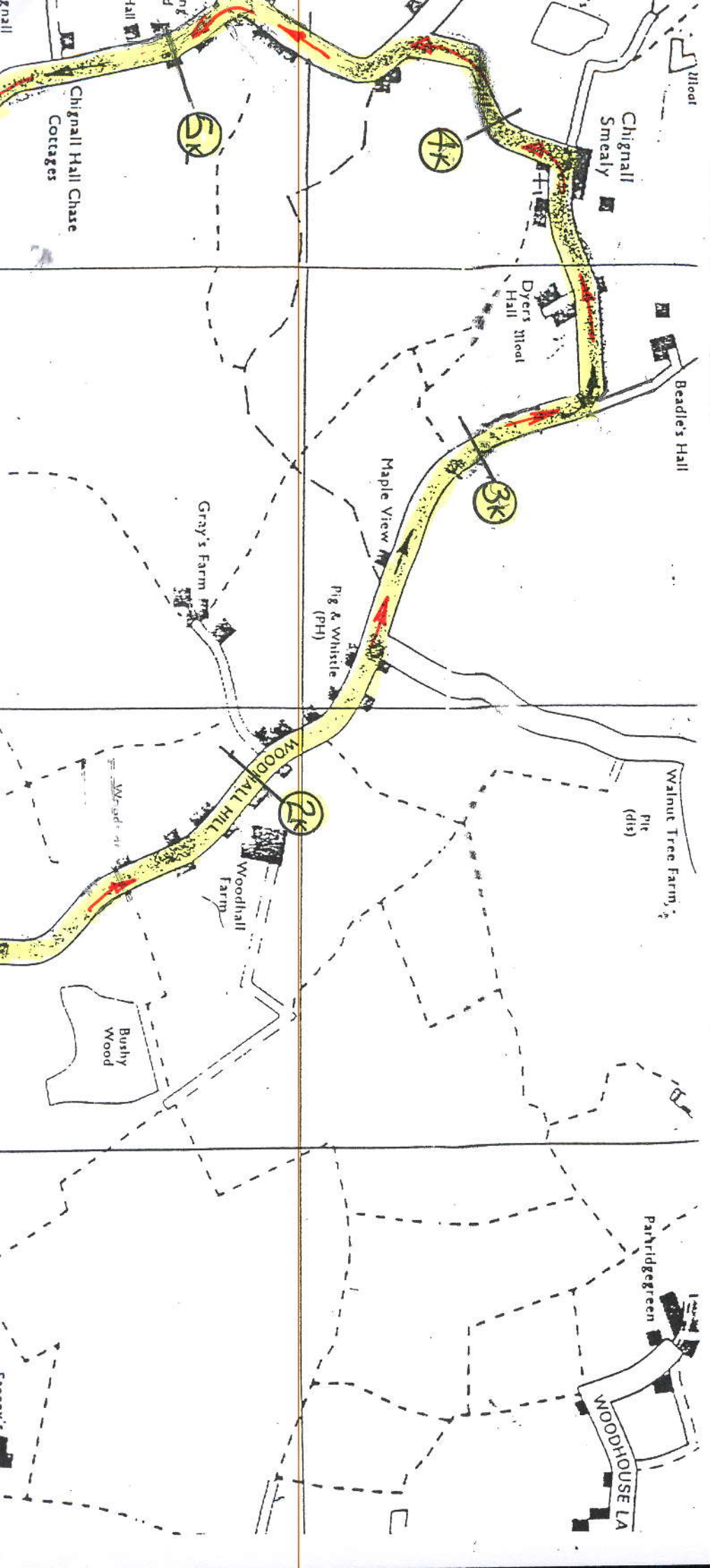


CHELMSFORD 10K

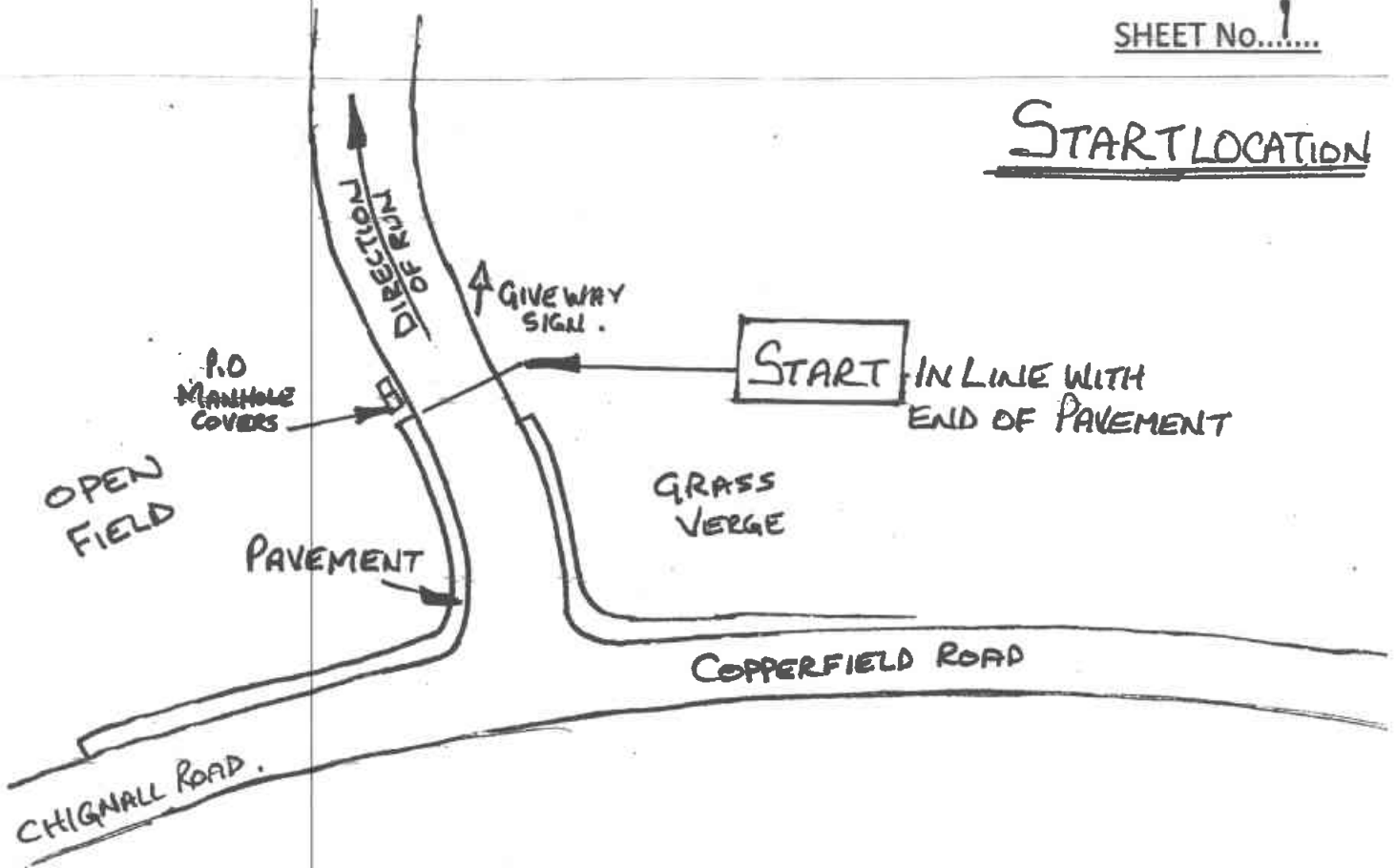
COURSE MAP

 ROUTE & DIRECTION

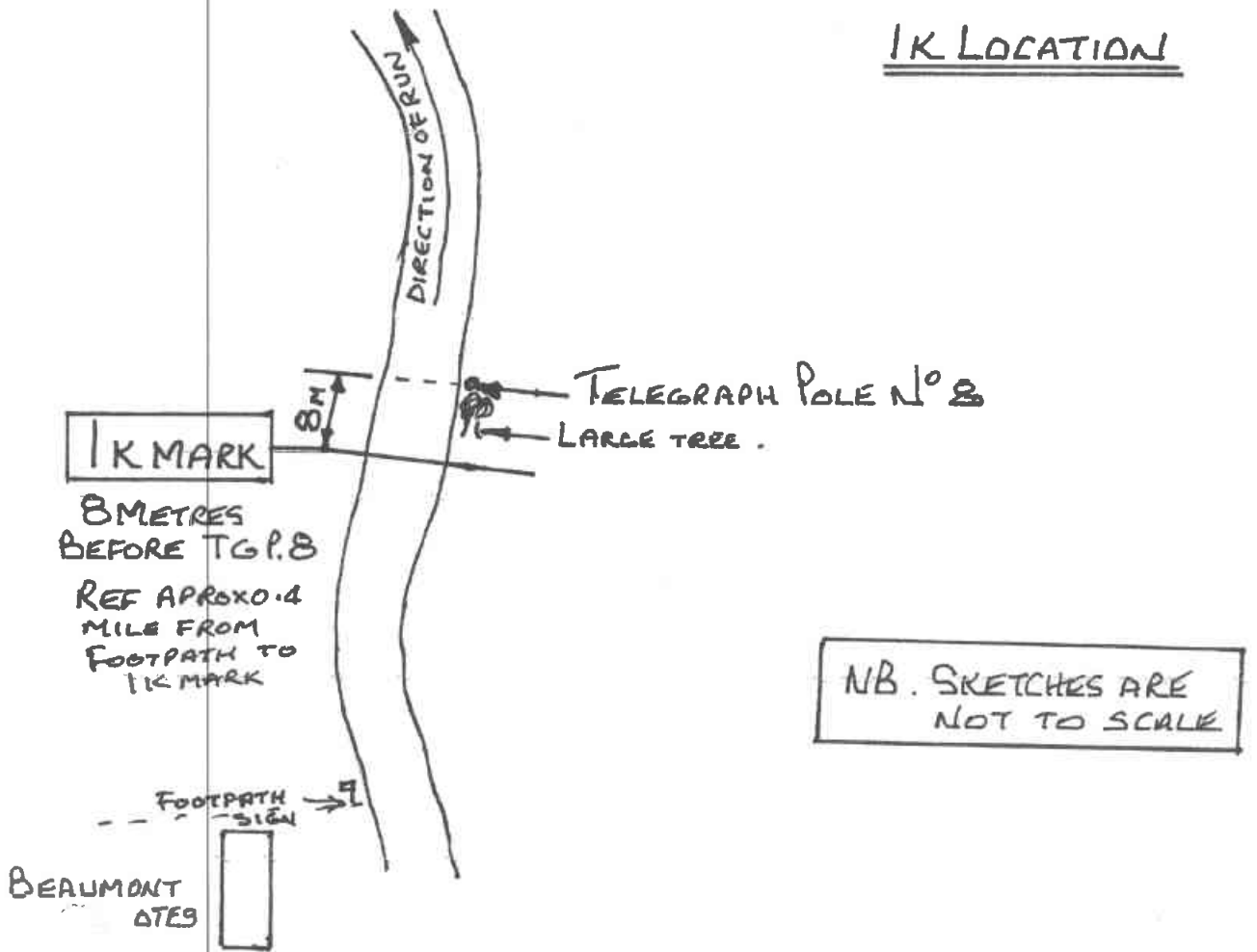
 KM LOCATIONS



START LOCATION



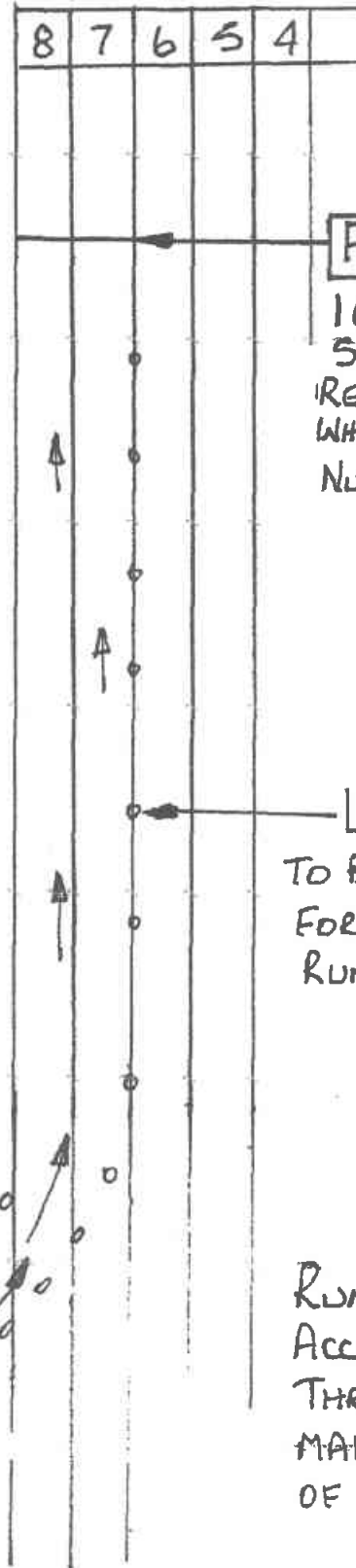
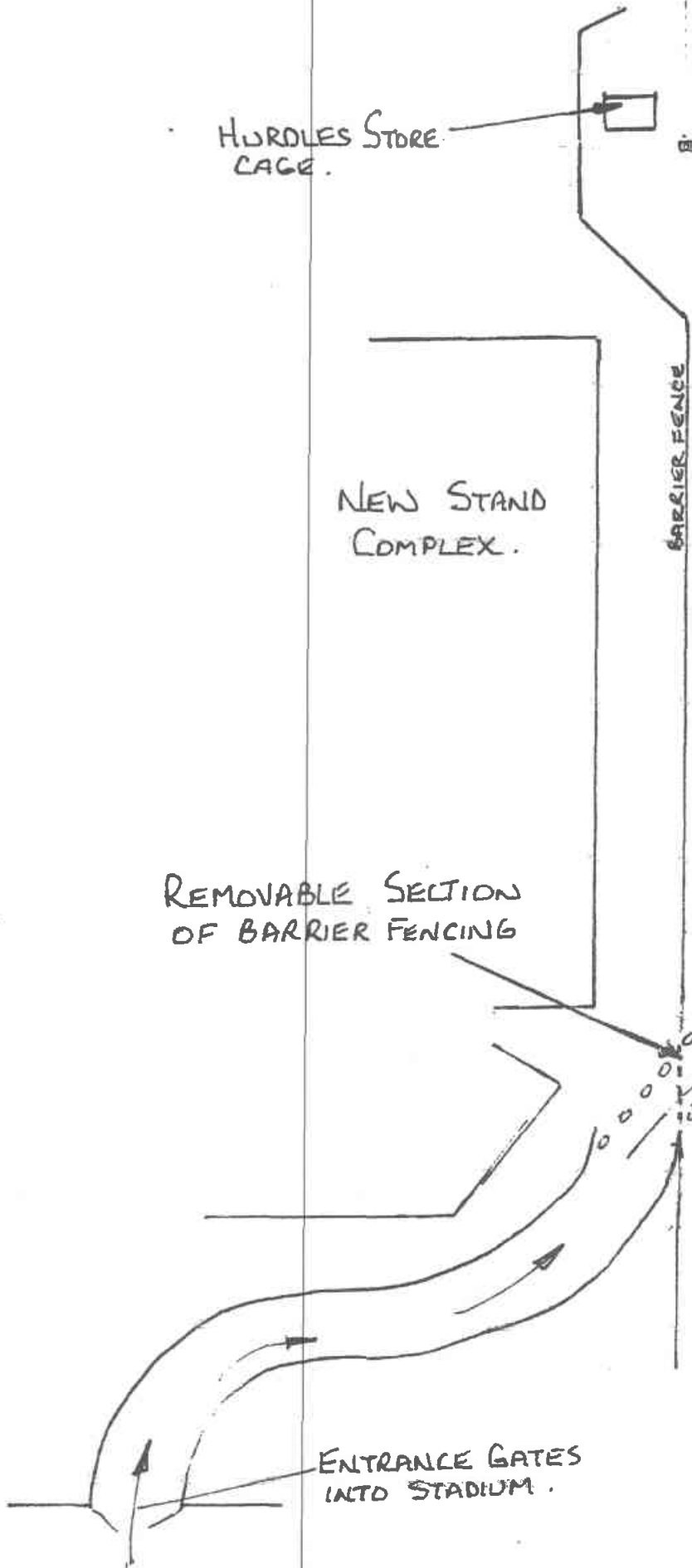
1K LOCATION



CHELMSFORD 10K

SKETCH SHEET 6

FINISH LOCATION & ROUTE ONTO TRACK



FINISH

100 METRES
START LINE.
REF - 1st SOLID
WHITE LINE AFTER
NUMBERED BOXES

LANES 7 & 8
TO BE CONED OFF
FOR USE FOR
RUN INTO FINISH

RUNNERS TO
ACCESS TRACK
THROUGH GAP
MADE BY REMOVAL
OF BARRIER.

ENTRANCE GATES
INTO STADIUM.